

## Daily Activity Schedule for Birth to 12 months.

7:30 am – 8:30 am	Free Play.
8:30 am – 9:00am	Breakfast.
9:00 am – 9:15 am	Clean Up, Tummy Time/Mirror play
9:15 am – 9:30 am	Getting ready to go outside.
9:30 am – 10:00am	Outdoor play {Weather permitting} *gross motor /active play if indoors.
10:05 am – 10:20 am	Music time.
10:25 am – 10:45 am	Reading/Puppet Time.
10:45 am – 11:00 am	Learning-Single words, body Parts, animal sounds, etc.
11:00 am – 11:30 am	Blocks, colors, numbers.
11:30 am – 11:45 am	Free play.
11:45 am – 12:00 noon	Music Play.
12:15 pm – 12:30 pm	Tummy Time/Mirror play.
12:30 pm – 12:45 pm	Reading/Puppet time.
12:45 pm – 1:00 pm	Learning – Single words, Body parts, Animal sounds Etc.
1:00 pm – 1:15 pm	Blocks, colors, numbers
1:15 pm – 4:00 pm	Repeat activities from 9:00 am onwards.

Meals, Snacks and baby naps will be on demand During the above infant Schedule.

